

<b>Schedule for hostel students on weekdays</b>		
<b>Sr. No.</b>	<b>Time</b>	<b>Activity</b>
1	6.00 am	wake up time
2	6.55 am	ready for yoga
3	7.00 am to 7.30 am	Yoga, Pranayam, Suryanamaskar, free exercise
4	7.30 am to 7.45 am	getting ready for school and milk time
5	7.45 am to 2.30 pm	school time
6	2.30 pm to 3.45 pm	rest time
7	3.45 pm to 4.00 pm	snacks time and getting ready for prep time
8	4.00 pm to 5.25 pm	study time
9	5.30 pm to 6.30 pm	sports time
10	6.35 pm to 7.00 pm	getting ready for community time and prayer
11	7.00 pm to 7.15 pm	community time and prayer
12	7.15 pm to 7.45 pm	dinner time
13	7.45 pm to 8.15 pm	Shower and getting ready for study
14	8.15 pm to 9.30 pm	study time
15	9.30 pm to 9.45 pm	Milk
16	9.45 pm	lights off

<b>Schedule for hostel students on Sunday</b>		
<b>Sr. No.</b>	<b>Time</b>	<b>Activity</b>
1	7.00 am	wake up time
2	7.00 am to 7.45 am	fresh up time and milk time
3	7.45 am to 8.30 am	Library
4	8.30 am to 9.00 am	b.fast
5	9.00 am to 10.00 am	study time
6	10.00 am to 10.30 am	Phone
7	10.30 am to 12.00 pm	study time
8	12.30 pm to 1.00 pm	lunch
9	1.00 pm to 1.30 pm	laundry
10	1.30 pm to 3.00 pm	Rest
11	3.00 pm to 4.00 pm	TV
12	4.00 pm to 4.30 pm	snacks time
13	4.30 pm to 7.00 pm	Sports/outing
14	7.00 pm to 7.30 pm	prayer and community time
15	7.30 pm to 8.00 pm	dinner
16	8.00 pm to 8.15 pm	store room and laundry
17	8.15 pm to 9.30 pm	Study / TV
18	9.30 pm to 9.45 pm	brush and milk time
19	9.45 pm	lights off

## **Visma Hostel rules and regulations**

- All the Students will follow the rules and schedule of the Hostel unless exempted medical grounds or recommendation of the Warden.
- No Student will be allowed to enter the hostel during School hours without permission.
- Students will not be allowed to keep medicines/tonics without the permission of Warden.
- Electric Gadgets like heater, Kettles, irons or any other such appliances will not be allowed in the hostel.
- Cupboards will be arranged neatly. Surprise checking will be done by Hostel Warden. Any extra items, other than those mentioned the 'hostel kit' will be confiscated.
- Students will be allowed 4 leaves per term.
- Entry for Students after leave or holiday will be before 7 pm in hostel. A fine of Rs. 1000 will be charged per day in case of Student not reporting on time.
- Students who cannot report promptly after leave or holidays should inform the warden before at least 5 days in writing or through Parent's email before taking leave or holidays.
- Any application for attending marriages, functions or any other eventuality during the school term will not be entertained unless it pertains to the parents or siblings.
- Parents or local guardians can contact their ward on as per phone slotting.
- Students will not be allowed to keep any gadgets like mobile phones. I-phone, Walkman, video games, camera etc. A fine of Rs. 5000 will be imposed on defaulter and the gadget will be confiscated.
- Students involved in fights, drugs, alcohol, stealing and indiscipline can incur automatic expulsion.
- Damage done to hostel property will be paid at the discretion of warden.
- Students will not be allowed to keep any money, gold ornaments or eatables with them.
- Parents wishing to withdraw their wards from the hostel in the middle of the session will have to pay the full fees for the whole session.
- There will be no refund of any fees (Not even when a student is expelled or suspended from the School)
- Students can go with their parents on the last Sunday of the month between 8:00 am to 6:00 pm.

### **Students are requested to bring the following items:**

#### **Hostel Kit**

Shoes for going out on excursions

- Slippers and floaters
- Comb
- Oil
- Shampoo
- Shoe polish
- Tooth brush

- Toothpaste
- Cold cream
- Talcum powder
- Socks
- Under garments
- Ruck sack bag
- Soap
- Simple phone
- **To be provide by us**
- 2 pair of night dress
- 2 pair of sports dress
- Bed sheet, pillow and blanket
- **FORMALITIES TO BE COMPLETED BEFORE JOINING THE HOSTEL**
- Only those persons will be allowed to become local guardians who are employed and live in the family environment.

These rules will be strictly adhered to by the Hostel Wardens. Parents are requested to give photographs of people who will come to visit or pickup their child. Under no circumstances the student will be allowed to meet or go with anybody else.